

	<u>Year 9</u> <u>ASDAN</u>	<u>Year 10</u> <u>ASDAN</u>	<u>Year 11</u> <u>ASDAN</u>
September – October 2021/22	<p>Citizenship and Community</p> <ol style="list-style-type: none"> 1. Find out about the main organisations that help people in your community. Work on your own or in a group. 2. Invite a local councillor, MP or MEP to talk to your group about their work 3. Working with others, carry out an investigation into different modes of transport in your community and compare them 4. Find out about opportunities for voluntary work. Produce information for others. 5. Visit and report back on two of the following: <ul style="list-style-type: none"> - Health centre - Citizens Advice Bureau - Magistrates court - Local Council - Police Station - Voluntary Services office <p><i>Practical Activity and Portfolio Work (Teacher Marked)</i></p>	<p>Communication</p> <ol style="list-style-type: none"> 1. Give an illustrated talk about a topic of interest to a group of people and answer any questions 2. Show that you can obtain information on a topic you are interested in, using at least two of the following methods: <ul style="list-style-type: none"> - A telephone conversation - The internet - A radio or TV programme - Newspapers or magazines - Interviewing someone - Social media 3. As part of a group: <ul style="list-style-type: none"> - Entertain a number of people to tea or coffee - Welcome visitors and show them around your establishment. <p><i>Practical Activity and Portfolio Work (Teacher Marked)</i></p>	<p>Sport and Leisure</p> <ol style="list-style-type: none"> 1) Make a chart to show how you use your time during the week. Compare it with charts produced by several other people. Discuss your findings and give a short presentation on how you spend your leisure time. 2) Visit two of the following and report back on them: <ul style="list-style-type: none"> Museum Library Theme park Sports Centre Wildlife centre Club 3) Show that you have taken part in least two of the following outdoor activities over a period of time and meet agreed targets: <ul style="list-style-type: none"> - Sailing, rock climbing, cycling, walking, athletics, horse riding, fishing, cross - country running 4) Interview an amateur or professional sports person. Find out about their trainings programme 5) Research the options for leisure activities in your area and recommend suitable activities for different groups of people <p><i>Practical Activity and Portfolio Work (Teacher Marked)</i></p>
October – December 2021/22	<p>Citizenship and Community</p> <ol style="list-style-type: none"> 6. Find out about opportunities for voluntary work. Produce information for others. 7. Visit and report back on two of the following: <ul style="list-style-type: none"> - Health centre - Citizens Advice Bureau - Magistrates court - Local Council - Police Station - Voluntary Services office <p><i>Practical Activity and Portfolio Work (Teacher Marked)</i></p>	<p>Communication</p> <ol style="list-style-type: none"> 4. Prepare for, and then take part in a group discussion and make notes on the main points raised 5. Role play or discuss a situation where a friend comes to you for help on one of the following situations: <ul style="list-style-type: none"> - They have been sexually harassed - They want to leave home - They have been bullied on the way home - They have been advised to have a test for an STI <p><i>Practical Activity and Portfolio Work (Teacher Marked)</i></p>	<p>Planning and Carrying out a piece of research</p> <p>R1.1 Research into a special area of interest with help from an appropriate person R1.2 Carry out the research using help as required R1.3 Present research to others in a suitable way, using help as required</p> <p><i>Practical Activity and Portfolio Work (Teacher Marked)</i></p>

<p>January – February 2022/23</p>	<p>Introduction to Working with others (in a team)</p> <p><i>WO1.1 Confirm students understand the given objectives and plan for working together.</i></p> <p><i>WO1.2 Work with others towards achieving the given objectives</i></p> <p><i>WO1.3 Identify ways they helped to achieve things and how to improve their work with others</i></p> <p><i>Practical Activity and Portfolio Work (Teacher Marked)</i></p>	<p>Introduction to problem solving</p> <p><i>PS1.1 Confirm with an appropriate person that they understand the given problem and identify different ways of tackling it</i></p> <p><i>PS 1.2 Confirm with an appropriate person what they will do and follow their plan for solving the problem</i></p> <p><i>PS1.3 Confirm with an appropriate person if the problem has been solved and how to improve their problem solving skills</i></p> <p><i>Practical Activity and Portfolio Work (Teacher Marked)</i></p>	<p>The Environment</p> <p><i>1. Choose one of the following: Follow a public footpath, taking note of the Countryside Code Visit a local park or beauty park</i></p> <p><i>2. Identify two products in a local shop that are environmentally friendly and explain why you would recommend them</i></p> <p><i>3. Carry out a traffic survey and list ways in which certain types of traffic may be damaging the environment and people's health. Discuss with others ways of helping to prevent or reduce any damage</i></p> <p><i>Practical Activity and Portfolio Work (Teacher Marked)</i></p>
<p>February – April 2022/23</p>	<p>Introduction to Working with others (in a team)</p> <p><i>WO1.1 Confirm students understand the given objectives and plan for working together.</i></p> <p><i>WO1.2 Work with others towards achieving the given objectives</i></p> <p><i>WO1.3 Identify ways they helped to achieve things and how to improve their work with others</i></p> <p><i>Practical Activity and Portfolio Work (Teacher Marked)</i></p>	<p>Independent Living</p> <p><i>Plan and prepare a balanced two-course meal or packed lunch for one of the following:</i></p> <ol style="list-style-type: none"> <i>1. An elderly person</i> <i>2. A teenagers</i> <i>3. Someone on a calorie controlled diet</i> <i>4. A family with two children under five years old</i> <p><i>Take responsibility for cleaning and maintaining a room or a number of rooms over a period of time</i></p> <p><i>Show how different cleaning techniques and cleaning materials are appropriate for different circumstances</i></p> <p><i>Practical Activity and Portfolio Work (Teacher Marked)</i></p>	<p>Introduction to improving own learning and performance</p> <p><i>LP1.1 Confirm their targets and plan how to meet these, with the person setting them</i></p> <p><i>LP1.2 Follow their plan to help meet targets and improve their performance</i></p> <p><i>LP1.3 Review their progress and achievements in meeting targets, with an appropriate person</i></p> <p><i>Practical Activity and Portfolio Work (Teacher Marked)</i></p>
<p>April – May 2022/23</p>	<p>Citizenship and Community</p> <p><i>Talk to your tutor about the kind of community work you would like to try. The following are only examples of what you could do for your challenge:</i></p> <ul style="list-style-type: none"> <i>- Help raise money for a good cause</i> <i>- Carry out voluntary work for a charity</i> <i>- Help with a play scheme/ young persons' group</i> <i>- Help to organise a Christmas party</i> <i>- Help to run a community event</i> <i>- Assist in a residential home for elderly people</i> <p><i>Practical Activity and Portfolio Work (Teacher Marked)</i></p>	<p>Independent Living</p> <ol style="list-style-type: none"> <i>1) As a group, plan and carry out a survey to found out about the different kinds of accommodation different groups of people live in. You could think about the type of building, number of bedrooms, garage, garden, market value etc</i> <i>2) Using newspapers and other sources of information, find out how much it would cost to:</i> <ul style="list-style-type: none"> <i>- Rent a flat or a house</i> <i>- Buy a flat or a house</i> <i>Consider the advantages and disadvantages of each option and how you could reduce the costs for each</i> <i>3) You are moving to an unfurnished flat. You have only £1000 to buy everything you need. Show what you would need,</i> 	<p>The Environment</p> <ol style="list-style-type: none"> <i>1. As a group carry out a survey of your establishment and decide what needs to be done to improve the way it looks. Present a report with actions</i> <i>2. Work in a group to improve the look of a garden or area of waste ground by doing one of the following:</i> <ul style="list-style-type: none"> <i>- Tidying up or wedding</i> <i>- Mowing a lawn and trimming the edges</i> <i>- Planting seeds or plants</i> <i>- Making a wildlife area</i> <i>- Repairing or painting an item</i> <i>- Making an item</i>

		<i>how you would get it and how much it would cost</i>	
May – July 2022/23	<p>Communicating Through discussion (in a group)</p> <p><i>D1.1 Provide information that is relevant to the subject and purpose of the discussion</i></p> <p><i>D1.2 Communicate clearly in a way that suits the situation</i></p> <p><i>D1.3 Listen and respond appropriately to what others say</i></p> <p><i>Practical Activity and Portfolio Work (Teacher Marked)</i></p>	<p>Planning and giving an oral presentation</p> <p><i>OP1.1 Prepare for the walk</i></p> <p><i>OP 1.2 Speak clearly an use language that suits the situation</i></p> <p><i>OP1.3 Use at least one image to support the main points of the talk</i></p> <p><i>Practical Activity and Portfolio Work (Teacher Marked)</i></p>	<p>Recap of all outcomes and units</p> <p>Mop Up – recap of skills</p>

	ASDAN COPE Modules Level 1
	ASDAN COPE Assessment Plans Level 1

ASDAN

Wixams Academy offers ASDAN (Award Scheme Development and Accreditation Network) as part of a key stage three and four curriculum. The academy believes it is an essential part of a balanced broad and relevant curriculum. The academy believes ASDAN is of hue benefit to the students within the academy equipping them with skills and processes that will benefit them across the curriculum and later in adult life. It equips students with the personal and social skills as well as transferrable educational skills that can aid the students throughout the school curriculum and later in life. Wixams Academy believe that ASDAN provides opportunities for all students no matter that their ability to achieve. It enables learners to achieve personal and social development through their achievements, enhancing self-confidence and ambition and contribution to their communities. It provides transferable skills that students can apply and use across the curriculum.

At both Key Stage three and four ASDAN will be allocated five lessons per fortnight and all students will be working towards the Level 1 COPE award (Certificate of Personal Effectiveness).

Skills Developed:

- Develop learning skills
- Develop employment skills
- Develop life skills
- Preparing for adulthood

