

WIXAMS ACADEMY PSHCE/ PERSONAL DEVELOPMENT 5 YEAR CURRICULUM PLAN

2021-2022

KEY: UNIT TITLE PRIOR LEARNING NEEDED/RE-CAPPED – BUILDING DEPTH HOW ASSESSED?

KS 3 NATIONAL CURRICULUM DESCRIPTOR/KS4 ASSESSMENT OBJECTIVE WIDER CURRICULUM LINKS

Academy curriculum intent: *To provide EVERY student the opportunity to acquire academic excellence and those skills, qualities and experiences that develop well-rounded, successful and happy members of modern society.*

- A 5 Year curriculum design approach for most subjects providing a logically sequenced educational journey.
- We follow the full National Curriculum at Key Stage 3 (KS3) to give our students the broadest and best start to their secondary education.
- We believe in personalisation and choice, so we offer one of the broadest ranges of KS4 GCSE option subjects in the Borough.
- Students are encouraged, but not forced to take EBacc subjects, resulting in significantly more students choosing these subjects, compared to National average.
- Knowledge and skill acquisition are key.
- We have a 'Teach to the Top' mantra, where challenge is always present and differentiation ensures all students have the scaffolding and support to 'Access the Top'
- EVERY student has access to the full ambitious curriculum. We do not reduce, narrow or restrict the curriculum for any learners.
- We pride ourselves on an extremely rich 'wider curriculum' including extracurricular; electives; trips and visits; values; oracy to increase our students' 'Cultural Capital'
- We base our curriculum design and implementation on proven educational research methods.

Subject Curriculum Intent:

PSHE and Personal Development at Wixams Academy is dedicated time for students to develop knowledge, skills and attributes they need to keep themselves safe, healthy and prepared for the wider world. Our vision as a department to equip students with understanding of different life experiences so students are able to become global citizens whilst also ensuring they are able to make decisions and understand risks. All the different units have an overarching theme which enables students to build on their prior knowledge and to ask questions. They have a learning agreement which all students agree to which is to help students respect and listen to all. Students are also encouraged to speak to a trusted adult when things feel challenging.

The curriculum is delivered through dedicated lesson time. In year 7-8 this is done through 1 lesson a week which is pure PSHCE; In years 9-11 it is done through a lesson called Personal Development where students get an hour of PSHCE and RE.

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	Year 7 INTRODUCE	Year 8 DEVELOP	Year 9 EMBED	Year 10 SECURE	Year 11 MASTER
Aim	Year 7 will introduce students to key terminology, concepts and core skills needed to have success in this subject. In PSHCE we introduce students to key themes of health, relationships and living in the wider world.	Year 8 will develop the core skills introduced in year 7, placing greater emphasis on developing depth and understanding around key knowledge. In PSHCE we develop students understanding of the key themes by revisiting and adding knowledge.	Year 9 will embed key knowledge so that it is firmly fixed in the long term memory. In Personal Development we embed knowledge and skills from PSHCE and RE whilst developing their knowledge the knowledge of the key areas previously.	Year 10 will secure knowledge so that it can be recalled, explored and built upon with ease. In Personal Development we secure skills from previous years and also discuss topics from the wider world to prepare students for year 11 and leaving.	Year 11 will demonstrate mastery in the subject knowledge, making connections with other topics/subjects and applying it to different contexts. In Personal Development we aim students to be prepared for the wider world by mastering how to apply knowledge and skills used.
Unit 1	Transition and Healthy Habits PRIOR LEARNING NEEDED/RE-CAPPED FROM KS2 Mini progress quizzes and retrieval quizzes. KS3 codes: H5, H13, H14, H15, H16, H17, H18, H20, H34 Science, Geography	Emotional Wellbeing Keeping healthy, sleep Mini progress quiz and observation KS3 codes: H3, H4, H6, H7, H8, H9, H10, H11, H12, L24 Assemblies and form times.	Risky Business Drugs, risk and peer pressure/ influence Mini progress quiz and some retrieval quizzes throughout. KS3 codes: H26, H27, H28, H29, H29, H30, H31, R20, R37.R42, R43, R44, R45, R46, R47 KS4 codes: R35, R37, R38 Science	Medical Ethics Different religious understandings Assessment question. KS4 Codes: R27 Element 1: Making sense of beliefs Element 2: Understanding the impact Element 3: Making connections Science	Careers Recap from KS3 Mini quiz. Questions throughout KS4 LA CDI and Careers Framework 1, 4, 5, 10, 11 14, 15, 16, 17. GB 3 & 8 Assemblies, form time activities other aspects of PD
Unit 1 end points	<p>Knowledge:</p> <ul style="list-style-type: none"> growth mindset/ you as a learner. Healthy routines— Diet, exercise , sleep and how to make healthy choices <p>Skills:</p> <ul style="list-style-type: none"> Self-control Resilience Decision making and problem solving 	<p>Knowledge:</p> <ul style="list-style-type: none"> Mental health and emotional wellbeing body image coping strategies <p>Skills:</p> <ul style="list-style-type: none"> Self-awareness and empathy Assertiveness and empathy. Resilience 	<p>Knowledge:</p> <ul style="list-style-type: none"> Gangs – risks Knife crime Drug taking Legal implications of the above. <p>Skills:</p> <ul style="list-style-type: none"> Assertiveness and self-control Communication and interpersonal skills Decision-making and problem solving. 	<p>Knowledge:</p> <ul style="list-style-type: none"> Cloning When does life begin Abortion Euthanasia Hospice care <p>Skills:</p> <ul style="list-style-type: none"> Empathy Decision-making and problem solving. Creative thinking and critical thinking. 	<p>Knowledge:</p> <ul style="list-style-type: none"> CV Writing Planning for the future Personal branding Post 16 Options Making applications/Interview prep Writing a Personal Statement <p>Skills:</p> <ul style="list-style-type: none"> Research Decision-making and problem solving. Planning Taking responsibility of plans Critical thinking Communication & Interpersonal skills

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<p>Unit 2</p>	<p>Careers In class assessment and mini progress quiz. KS4 LA CDI and Careers Framework 1, 4, 5, 7, 10, 14. GB 2, 3, 4, 5 6, & 8 Form time, Assemblies, PD</p>	<p>Discrimination and Human rights In class assessment and mini progress quiz. KS3 codes: R39, R40, R41, R3, R4, R42, R43 RE - discrimination</p>	<p>Islam Places of worship. Discrimination and human rights. Assessment question. Element 1: Making sense of beliefs Element 2: Understanding the impact Element 3: Making connections RE GCSE – Islam</p>	<p>Finance Saving and budgeting Mini progress quiz and some retrieval quizzes throughout. KS4 codes: L16, L17, L18, L19, L20 Citizenship KS4 objective: income and expenditure, credit and debt, insurance, savings and pensions, financial products and services, and how public money is raised and spent Maths</p>	<p>Family and Relationships part 2 Different families, consents, STIs Mini progress quizzes. KS4 codes: H26, H27, H28, H29, H30, H31, H32, H33, R4, R6, R9, R10, R13, R24, R25, R33 Assemblies, GCSE RE</p>
<p>Unit 2 knowledge end points</p>	<p>Knowledge</p> <ul style="list-style-type: none"> Careers at Wixams Academy What are my strengths Self assessment Explore subjects at KS 4 Employability skills What I like Confidence for Careers <p>Skills:</p> <ul style="list-style-type: none"> Self-awareness Self-challenge Identify values Identify skills Respond to feedback Know where to find help 	<p>Knowledge:</p> <ul style="list-style-type: none"> Discrimination in all its forms racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia <p>Skills:</p> <ul style="list-style-type: none"> Self-awareness and empathy Assertiveness Decision-making 	<p>Knowledge:</p> <ul style="list-style-type: none"> British Islam Qur'an The Five Pillars Shia and Sunni Muslims Jihad Religious Discrimination. <p>Skills:</p> <ul style="list-style-type: none"> Assertiveness Communication and interpersonal skills 	<p>Knowledge:</p> <ul style="list-style-type: none"> Savings and budgeting Making the most of your money Borrowing - Debt management Insurance <p>Skills:</p> <ul style="list-style-type: none"> Decision-making and problem-solving Creative thinking and critical thinking Self-control 	<p>Knowledge:</p> <ul style="list-style-type: none"> Pregnancy/ miscarriage STIs Family types including religious Marriage including forced marriage Honour based violence <p>Skills:</p> <ul style="list-style-type: none"> Assertiveness and self-control Communication and interpersonal skills Decision-making and problem solving.
<p>Unit 3</p>	<p>Diversity Different types of discrimination Mini progress quiz KS3 codes: R3, R38, R39, R40, R41 RE</p>	<p>Careers Year 7 careers unit skills Mini progress quiz and some retrieval quizzes throughout. KS4 LA CDI and Careers Framework 1, 2, 3, 4, 7, 10, 14 & 15. GB 2, 3, 4, 5 & 8 Form time, assemblies, trips, speakers, options events,</p>	<p>Respectful relationships Drugs, risk, families and relationships Mini progress quiz and some retrieval quizzes throughout. KS3 codes: R1, R2, R19, R22, R23, R35, R36, R37 KS4 codes: R26 RE, Science</p>	<p>Families and Relationships Consent, healthy relationships, sharing sexual images. Mini progress quiz and some retrieval quizzes throughout. KS4 codes:R1, R2, R3, R7, R8, R11, R12, R15, R17, R18, R19, R20, R21, R22, R29, R30, R31, R32, RE</p>	<p>Current year 11 missed many units through lockdown – therefore they will be looking at the Medical Ethics unit which the year 10s have done. These lessons will be made more challenging to ensure they are age appropriate. Christian practices Previous unit on Christianity. Assessment question. Element 1: Making sense of beliefs Element 2: Understanding the impact Element 3: Making connections GCSE RE</p>

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Unit 3 knowledge end points	Knowledge: <ul style="list-style-type: none"> Diversity prejudice bullying including cyber bullying. Skills: <ul style="list-style-type: none"> self-awareness and empathy Communication and interpersonal skills 	<ul style="list-style-type: none"> What are Level 2 qualifications? Difference between BTEC & GCSE Academy options process Making good decisions (for GCSE & future careers) What is LMI? Local job vacancies/various sources Skills: <ul style="list-style-type: none"> Identify pathways Explore possibilities Self-awareness Decision making 	Knowledge: <ul style="list-style-type: none"> Homelessness Different types of family Running away Conflict Adoption Skills: <ul style="list-style-type: none"> Communication and interpersonal skills Creative thinking and critical thinking Self-awareness and empathy Resilience 	Knowledge: <ul style="list-style-type: none"> Healthy relationships Relationship abuse Consent Sharing sexual images Pornography Skills: <ul style="list-style-type: none"> Communication and interpersonal skills Decision-making and problem-solving Self-awareness and empathy Resilience 	Knowledge: <ul style="list-style-type: none"> How do Christians demonstrate 'love thy neighbour'? Christian persecution Christians in the media Skills: <ul style="list-style-type: none"> Explanation Evaluation
Unit 4	Growing up and risk Puberty, healthy living Mini progress quiz and some retrieval quizzes throughout. KS3 codes: R1, R2, R19, R22, R23, R35, R36, R37 KS4 codes: R26 Science	Drugs and Alcohol Drugs, risk, families and relationships Mini progress quiz and some retrieval quizzes throughout. KS3 codes: H23, H24, H25, H26, H27, H29, H31, H5, R42, R44 RE	Careers KS4 LA CDI and Careers Framework 1, 3, 4, 5, 7, 8, 10, 14, 15. GB 2, 3, 4, 5, 6, & 8 Form time, Assemblies, PD	Christianity Assessment questions and retrieval quizzes. Element 1: Making sense of beliefs Element 2: Understanding the impact Element 3: Making connections GCSE RE	Human Rights Equality Act, Human rights, discrimination. Retrieval quizzes, mini progress quiz KS4 codes: R5 Citizenship KS4: human rights and international law Geography. Human rights, RE
Unit 4 knowledge end points	Knowledge: <ul style="list-style-type: none"> Risk—Peer influences: The risks of alcohol, tobacco and other substances Managing puberty and the issues of unwanted contact and FGM Skills: <ul style="list-style-type: none"> Decision-making and problem solving. Communication and interpersonal skills Creative thinking and critical thinking Self-awareness and empathy Resilience 	Knowledge: <ul style="list-style-type: none"> Alcohol drug misuse pressures relating to drug use Peer pressure/ peer influence Skills: <ul style="list-style-type: none"> Decision-making and problem solving. Communication and interpersonal skills 	Knowledge: <ul style="list-style-type: none"> Importance of skills & qualifications for a career Sector & organisation awareness Learning from setbacks & challenges Communicating needs and wants Work life balance Career, politics & economy Skills: <ul style="list-style-type: none"> Decision-making and problem solving. Communication and interpersonal skills 	Knowledge: <ul style="list-style-type: none"> Why are religious figures important? Who is Jesus? Why did Jesus die? What happens when you die? Skills: <ul style="list-style-type: none"> Communication Empathy 	Knowledge: <ul style="list-style-type: none"> Social justice and human rights Prejudice and discrimination Religious freedom Discrimination disability and race Poverty Skills: <ul style="list-style-type: none"> Self-awareness and empathy Communication and interpersonal skills Assertiveness
Unit 5	Building Relationships Families Mini progress quizzes and some retrieval quizzes	Identity and Relationships Family, building relationships Mini progress quizzes and some retrieval quizzes	Sex and Relationships Contraception, consent Mini progress quiz, retrieval and observation	Careers PRIOR LEARNING NEEDED Mini quiz. Questions throughout	

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	KS3 codes: H1, R2, R9, R11, R13, R14, R16, R24 WIDER CURRICULUM LINKS	KS3 codes: H35, H36, R4, R5, R10, R16, R18, R24, R25, R26, R27, R29, R30, R32 Assemblies, RE, tutor time	KS3 codes: R24, R25, R26, R27, R28, R31, R32, R33, R34 KS4 Codes: R23 Science, Geography, RE	KS4 LA CDI and Careers Framework 1, 4, 5, 6, 7, 8, 10, 11, 12, 14, 15, 17. GB 3, & 8 Assemblies, form time, PD, educational visits, business	
Unit 5 knowledge end points	<p>Knowledge:</p> <ul style="list-style-type: none"> Self-esteem, romance and friendships Exploring family life <p>Skills:</p> <ul style="list-style-type: none"> Decision-making and problem-solving. Communication Interpersonal skills 	<p>Knowledge:</p> <ul style="list-style-type: none"> Gender identity, sexual orientation, consent, 'sexting', an introduction to contraception <p>Skills:</p> <ul style="list-style-type: none"> Interpersonal skills Self-awareness Empathy Decision-making 	<p>Knowledge:</p> <ul style="list-style-type: none"> Consent Contraception Condom demonstration Pregnancy <p>Skills:</p> <ul style="list-style-type: none"> Assertiveness and self-control Decision-making Interpersonal skills Resilience 	<p>Knowledge:</p> <ul style="list-style-type: none"> Work place culture Consider risk & rewards of pathway Research entrepreneurship & self-employment Explore national LMI trends Consider future pathways Rights & responsibilities in workplace & society <p>Skills:</p> <ul style="list-style-type: none"> Manage career Create opportunities Explore possibilities See the bigger picture 	
Unit 6	<p>Financial Decision making Contraception, consent Mini progress quiz, retrieval and observation KS3 codes: H32, L15, L16, L17, L18 Citizenship KS3: the functions and uses of money, the importance and practice of budgeting, and managing risk. Maths</p>	<p>Digital Literacy Online safety Mini progress quiz, retrieval and observation KS3 codes: H3, H30, H32, R17, L19, L20, L21, L22, L23, L24, L25, L26, L27 Computing, Assemblies form times.</p>	<p>Religion, peace and conflict Different religions, Buddhism Mini progress quiz, retrieval and observation KS4 codes: L24, L28, L29 Element 1: Making sense of beliefs Element 2: Understanding the impact Element 3: Making connections History, Geography, RE</p>	<p>Online Safety Cyberbullying, safety techniques. Mini progress quiz and retrieval activities KS4 Codes: R14, R15, R16, R29, L24, L25, L26, L27 Assemblies, Tutor time, Computing</p>	
Unit 6 knowledge end points	<p>Knowledge:</p> <ul style="list-style-type: none"> Saving, borrowing, budgeting making financial choices <p>Skills:</p> <ul style="list-style-type: none"> Decision-making and problem-solving Self-control 	<p>Knowledge:</p> <ul style="list-style-type: none"> Online safety, digital literacy, media reliability, gambling hooks <p>Skills:</p> <ul style="list-style-type: none"> Self-control Decision making and problem-solving 	<p>Knowledge:</p> <ul style="list-style-type: none"> What is war? Violence and protest Radicalisation Just war Peaceful protest Nuclear weapons <p>Skills:</p> <ul style="list-style-type: none"> Empathy 	<p>Knowledge:</p> <ul style="list-style-type: none"> Social media (fake news and targeted advertising) Gambling Online behaviour Harassment/ stalking Personal data <p>Skills:</p> <ul style="list-style-type: none"> Self-control Decision making and problem-solving 	

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Complete all boxes

This document will expand as you type.

Red text gives you guidance



Add more/remove units if required

Do not change the colours of the text used.

UNIT TITLE- State the title of the unit

PRIOR LEARNING NEEDED/RE-CAPPED FROM KS2 – Identify what you need to re-cap from the previous KS or topic(s) in order to achieve success & depth

HOW ASSESSED? – What is the final outcome (e.g. essay/test) and how will it be marked e.g. Peer assessment

KS 3 NATIONAL CURRICULUM DESCRIPTOR/KS4 ASSESSMENT OBJECTIVE – Copy & paste the NC objective or AO that is applicable to the topic

WIDER CURRICULUM LINKS – Is there any required knowledge that may have already been taught elsewhere? E.g. Reading a graph